

LA FAMOSA

WELLNESS SPA

SPA 8:00AM - 10:00PM
IN ROOM 24 HOURS

CITY GARDEN GRAND HOTEL
8008 MAKATI AVE. COR. KALAYAAN AVE.,
MAKATI CITY, METRO MANILA, 1200, PH

T: +63 2 888.8181 LOC 2125 E: lafamosaspa@yahoo.com



SPA BODY TREATMENTS

The Swedish Classic

P900 (60 mins) / P1,350 (90 mins)

Pamper yourself with this treatment that releases tension and breaks up muscle knots and adhesions, thereby promoting full body relaxation

Touch of Shizuto

P900 (60 mins) / P1,350 (90 mins)

Satisfy the senses with this traditional Japanese form of physiotherapy, focusing on specific pressure points, relaxing and restoring the body's energy back in balance

Combination of Swedish & Shizuto

P900 (60 mins) / P1,350 (90 mins)

Pamper yourself with this treatment and satisfy your senses with this traditional Japanese form of physiotherapy

Hilot | P1,500 (90 mins)

A Filipino healing art practiced for generations. Warmed banana leaves and coconut oil are used in detecting and addressing the areas of the body affected by imbalance or negative energy

Fully Aromatic

P1,300 (60 mins) / P1,650 (90 mins)

Experience the gentle application of a luxurious blend of therapeutic essential oils, which possess healing properties to calm, uplift, energize, and cleanse the body and mind

Head & Shoulder

P900 (60 mins) / P1,350 (90 mins)

A soothing massage that uses aromatic oils and oriental techniques, leaving you with a fresh, relaxed, youthful, and well rested look

The Rolling Stones

P1,650 (60 mins) / P2,000 (90 mins)

Smooth, glistening, heated volcanic stones are soaked in essential oils and massaged onto the body, increasing circulation, and easing muscular tension

La Famosa Experience

P2,500 (90 mins)

Experience total healing, renewal, and relaxation with our signature treatment: a combination of a massage, scrub, and wrap.

Waxing

Reveal a better you

Female P650 | P1,000

Male P750 | P1,300

SPA HANDS AND FEET

Healing points

P1,300 (60 mins) / P1,600 (90 mins)

A natural healing focusing on the hands and feet, this treatment promotes relaxation, improves circulation, reduces pain, soothes tired feet, and encourages overall healing

Hand/ Foot Spa | P550 (40 mins)

Drench your hands and feet in relaxing warm water followed by an exfoliating scrub and a stress relief massage, leaving you with deeply relaxed hands and feet

La Famosa Manicure | P400 (40 mins)

La Famosa Pedicure | P450 (40 mins)

Enjoy the true beauty of your nails with our signature nail treatment

Facial Touch | P700 (30 mins)

Relax and feel beautiful after a refreshing facial massage

PACKAGES

1. A Grand Treat: Body Scrub, Body Massage, Hair Spa, Facial Touch & Foot Spa Manicure P3,700 (2 1/2 hrs) Pedicure P3,750 (2 1/2 hrs)

A soothing skin treatment using all natural products. While sealed with a thermal wrap, hair spa is applied (a treatment that stimulates blood circulation in the scalp) followed by a facial massage, giving a refreshed feeling. For a final touch, back massage is applied. To complete the session experience a relaxing and reinvigorating treatment finished with a fancy nail polish to restore your hands

2. Body Scrub, Back Massage & Facial Massage P2,550 (90 mins)

A soothing skin treatment using an invigorating combination of wild honey, oats, apricot seed, and a vitamin E base to leave you with a smooth glowing skin after a body butter is applied. While sealed with a thermal wrap, facial massage follows, giving a fully refreshed feeling. For a final touch, a back massage is applied to relieve pain and tension.

3. Body Scrub, Back Massage, Hair Spa P2,200 (60 mins)

A soothing skin treatment using an invigorating combination of wild honey, oats, apricot seed and vitamin E base to leave you with smooth glowing skin after body butter is applied. A treatment that stimulates blood circulation in the scalp, massage with essential oil blend for a healthy hair with body and shine. For total relaxation a back massage to relieve pain and tension.

4. Foot Spa & Hilot P1,850 (2 hrs)

A traditional Filipino art of healing using warmed Virgin coconut oil and banana leaves to enhance the energy flow for an overall feeling of wellness. Treatment is followed by foot spa to stimulate the reflex points and harmonize the body and mind

5. Back Massage, Foot Spa with Manicure/Pedicure, Facial Touch P1,800 (2 hrs)

A delightful way to restore your hands and feet with a relaxing and reinvigorating treatment finished with a fancy nail polish. Followed by a facial touch, which is a natural alternative to botox with honey and freshly sliced cucumber, reducing time lines, wrinkles and increases oxygenation and suppleness of your skin. The session ends with a back massage to relieve tension, pain and aches.

6. Body Scrub, Body Massage (Swedish Classic/ Shizuto), Hair Spa, Facial Touch P3,150 (2 hrs)

A soothing skin treatment using an invigorating combination of wild honey, oats, apricot seed and vitamin E base to leave you with a smooth glowing skin after a body butter is applied while sealed with a thermal wrap, hair spa is applied. A very relaxing form of massage therapy to ease pain and relieve stress and tired muscles for a complete relaxation. A treatment that stimulates blood circulation in the scalp massage with essential oil blends for healthier hair. Follow with a facial touch, a natural alternative to botox with honey and freshly sliced cucumber, it reduces time lines, wrinkles and increases oxygenation and suppleness of your skin. The session ends with a back massage to relieve tension, pain and aches.

7. Body Scrub, Body Massage (Fully Aromatic), & Hair Spa P2,750 (90 mins)

A soothing skin treatment using an invigorating combination of wild honey, oats, apricot seed and vitamin E base to leave you with a smooth glowing skin after a body butter is applied while sealed with a thermal wrap. Hair spa is applied, a treatment that stimulates blood circulation in the scalp thru massage with essential oil blend for a healthy hair with body and shine. Finish with Swedish or Shiatsu massage to ease pains and relieve stress and tired muscles for a complete relaxation

8. Body Scrub, Healing Points P2,700 (90 mins)

A soothing skin treatment using an invigorating combination of wild honey, oats, apricot seed and vitamin E base to leave you with a smooth glowing skin after a body butter is applied. Healing points to stimulate the reflex points and harmonize the body and mind

9. Foot Spa, Back Massage, & Facial Touch P1,500 (90 mins)

A foot spa treatment utilizing products like, sea salt, apricot seed and dead sea mud leaving your feet soft and feeling pampered. Afterwards, a back massage to relieve tension, pain and aches. The session ends with a facial touch, a natural alternative to botox with honey and freshly sliced cucumber, it reduces time lines, wrinkles and increases oxygenation and suppleness of your skin.

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ADDITIONAL TREATMENTS

Paraffin Wax

Hands P400 (30mins)

Feet P500 (30mins)

This hand and feet treatment allows maximum relaxation and moisturize the skin for that soft, and tender touch.

Waxing

Female P650 | P1,000

Male P750 | P1,300

Removal of unwanted hair to reveal a better you.

Body Scrub

P1,000 (30 mins)

A soothing skin treatment using an invigorating combination of wild honey, oats, apricot seed and vitamin E base to leave you with a smooth glowing skin.

Ear Candling

P350

Complete your relaxation and stress relief with our Paraffin ear cleaning service.

HAIR TREATMENT

Shampoo and Conditioner

P500 (30mins)

Pamper yourself with our professional-grade shampoo and conditioning service, only at LaFamosa spa.

Hair Spa

P300 (20mins)

A treatment that stimulates blood circulation in the scalp thru massage with essential oil blend for a healthy hair with body and shine.

Hot Oil

P700 (30 mins)

Revitalize your hair for that silky smooth finish.

Hair Trimming

P700

Get the hair length you desire to give you that fresh, crisp look.

CANCELLATION

Should you wish to cancel an appointment, please contact us at least two (2) hours in advance to avoid cancellation fee.

Late comers will be charged the full rate and may result in shortened treatment time.